

# October 2025

## Southern Lehigh Elementary Schools

### Monday

#### Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

### Tuesday

### Wednesday

### Thursday

### Friday

### Alternates

10/1-10/3 – Mini Turkey Corn dogs  
 10/6-10/10 – Chicken Quesadilla Pizza  
 10/14-10/17 – Turkey Hot Dog on a Bun  
 10/20-10/24 – Cheeseburger on a Bun  
 10/27-10/31 – Toasted Cheese Sandwich

School Hoagies and PB&J Uncrustables are available daily as an alternate meal.  
*\*All meals come with choice of fruit, vegetable, & milk*

**\*\* Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.**

### Cafeteria News

Visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to view your child's lunch account and make payments online!

\* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**LUNCH PRICE \$3.10**

**\*\* Menu Subject to Change**  
 ++ This institution is an equal opportunity provider and employer.

**!! No cost breakfast available each morning at all schools!!**

To fill out a Free & Reduced Application electronically, please go to:  
[www.compass.state.pa.us](http://www.compass.state.pa.us)

**\*\* The Batty Patty Meal on 10/31 consists of:**  
 Spicy or Plain Breaded Chicken Patty Sandwich  
 Baked Sweet Potato French Fries  
 Assorted Fresh or Canned Fruit  
 Choice of Milk  
**Vanilla Ice cream Cup w/ Chocolate Sauce**

6 Dutch Waffle\*  
 2 Sausage Links  
 Baked Fries  
 Assorted Fresh or Canned Fruit  
 Choice of Milk  
 \*Funnel Cake

7 Cheese or Pepperoni Stuffed Crust Pizza  
 Steamed Green Beans  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

8 Cheeseburger  
 Vegetarian Baked Beans  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

9 Chicken Tenders  
 Dinner Roll  
 Steamed Carrots  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

10 Max Stix w/ Marinara  
 Tossed Salad w/ Choice of Dressing  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

13 **NO SCHOOL!**  
**Professional Learning Day**

14 Popcorn Chicken  
 Soft Pretzel Stick  
 Vegetarian Baked Beans  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

15 Hot Ham & Cheese on Croissant  
 Steamed Carrots  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

16 Mini Pancakes  
 2 Sausage Links  
 Potato Smiles  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

17 Personal Cheese Pizza  
 Steamed Green Beans  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

20 Mini Turkey Corn Dogs  
 Vegetarian Baked Beans  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

21 Bacon, Egg, & Cheese Bagel  
 Baked Fries  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

22 Chicken Nuggets  
 Dinner Roll  
 Steamed Carrots  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

23 Mac & Cheese  
 Steamed Broccoli  
 Garlic Breadstick  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

24 Cheese or Pepperoni French Bread Pizza  
 Tossed Salad w/ Choice of Dressing  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

27 Mini Cinnis\*  
 2 Sausage Links  
 Baked Tater Tots  
 Assorted Fresh or Canned Fruit  
 Choice of Milk  
 \*Mini Cinnamon Rolls

28 Walking Tacos  
 Seasoned Beans  
 Spanish Rice  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

29 Big Daddy's  
 Cheese or Pepperoni Pizza  
 Steamed Broccoli  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

30 Pierogis & Meatballs w/ Marinara  
 Steamed Peas  
 Garlic Breadstick  
 Assorted Fresh or Canned Fruit  
 Choice of Milk

31 \*Zombie Ice Cream Cup served w/ lunch  
 Spicy or Plain Batty Patty Sandwich  
 Potato Worms  
 Assorted Fresh or Canned Bat Food  
 Mummy Juice \*\*