

April 2025

Southern Lehigh Gluten Free Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Breaded Turkey Nuggets
Fresh Veggies or Featured Vegetable
Assorted Fresh or Canned Fruit
Choice of Milk

2
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

3
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

4
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

7
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

8
Breaded Turkey Nuggets
Fresh Veggies or Featured Vegetable
Assorted Fresh or Canned Fruit
Choice of Milk

9
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

10
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

11
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

14
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

15
Breaded Turkey Nuggets
Fresh Veggies or Featured Vegetable
Assorted Fresh or Canned Fruit
Choice of Milk

16
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

17
NO SCHOOL!

Spring Break!

18
NO SCHOOL!

Spring Break!

21
NO SCHOOL!

Spring Break!

22
Breaded Turkey Nuggets
Fresh Veggies or Featured Vegetable
Assorted Fresh or Canned Fruit
Choice of Milk

23
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

24
Chicken Tenders
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

25
Turkey & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

28
Hamburger or Cheeseburger
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

29
Breaded Turkey Nuggets
Fresh Veggies or Featured Vegetable
Assorted Fresh or Canned Fruit
Choice of Milk

30
Ham & Cheese Sandwich
Fresh Veggies or Featured Vegetable of the Day
Assorted Fresh or Canned Fruit
Choice of Milk

Did you know?

In England there are many cuckoo festivals. The arrival of the cuckoo bird in April is a signal that spring has arrived.

Meal Information

Meals come with vegetable, milk, and fruit.

Vegetable choices include the fresh vegetable of the day or the featured vegetable of the day. Fresh vegetables are available each day and can also be taken in addition to the featured vegetable of the day (listed on the regular menu).

LUNCH PRICES

Elem & JPLIS \$3.00

HS & MS \$3.35

*Entrée items not purchased as a meal and seconds of gluten free items must be charged at A la Carte pricing as listed on the cafeteria price list found online.

**Please Note - The Gluten Free Menu selection is only available to those students who have turned in the Medical Plan of Care form, listing the need as such, by the student's physician and signed by the physician. **Requests made by parents alone cannot be honored. Thank you for your cooperation and understanding.

Cafeteria News

Visit www.ezschoollpay.com to view your child's lunch account and make payments online!

* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

****Menu Subject to Change**

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced Application electronically, please go to:

www.compass.state.pa.us