

# May 2025

## Southern Lehigh High School

Monday

Tuesday

Wednesday

Thursday

Friday

A la Carte

### Did you know?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

Turkey & Cheese Sandwich  
Lay's Potato Chips  
Raw Baby Carrots  
Assorted Fresh or Canned Fruit  
Choice of Milk

**NO SCHOOL!**  
**Professional Learning Day**

**Grab 'n Go Salad (comes with dressing and dinner roll)**

**Hoagie or Wrap  
Pizza Slice  
PB & J Uncrustable**

**Not all items are available every day**

*\*All meals come with choice of fruit, vegetable, & milk*

*\*\* Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.*

### Cafeteria News

Visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to view your child's lunch account and make payments online!

\* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**Meal Price \$3.35  
Salad Meal Deal \$3.75**

**\*\*Menu Subject to Change**

**!!No cost breakfast available each morning at all schools!!**

**++This institution is an equal opportunity provider and employer.**

**To fill out a Free & Reduced Application electronically, please go to:**

[www.compass.state.pa.us](http://www.compass.state.pa.us)

**\*Cinco de Mayo!**  
Walking Taco  
Seasoned Beans  
Spanish Rice  
Assorted Fresh or Canned Fruit  
Choice of Milk

Spicy or Plain Chicken Patty Sandwich  
Steamed Broccoli  
Assorted Fresh or Canned Fruit  
Choice of Milk

Mac & Cheese  
Steamed Peas  
Garlic Breadstick  
Assorted Fresh or Canned Fruit  
Choice of Milk

Bacon, Egg, & Cheese on a Croissant  
Oven Baked Fries  
Assorted Fresh or Canned Fruit  
Choice of Milk

Cheese or Pepperoni Stuffed Crust Pizza  
Raw Baby Carrots  
Assorted Fresh or Canned Fruit  
Choice of Milk

Chicken Tenders  
Dinner Roll  
Steamed Peas  
Assorted Fresh or Canned Fruit  
Choice of Milk

French Toast Sticks  
2 Sausage Links  
Oven Baked Fries  
Assorted Fresh or Canned Fruit  
Choice of Milk

Hot Ham & Cheese on Croissant  
Steamed Carrots  
Assorted Fresh or Canned Fruit  
Choice of Milk

Chicken Alfredo with Pasta  
Steamed Broccoli  
Garlic Breadstick  
Assorted Fresh or Canned Fruit  
Choice of Milk

Cheese or Pepperoni Big Daddy's Pizza  
Steamed Green Beans  
Assorted Fresh or Canned Fruit  
Choice of Milk

Dutch Waffle\*  
2 Sausage Links  
Oven Baked Fries  
Assorted Fresh or Canned Fruit  
Choice of Milk  
**\*Similar to a Funnel Cake**

**\*New Item!**  
Fiesta Rice and Chicken\*  
Seasoned Black Beans  
Assorted Fresh or Canned Fruit  
Choice of Milk  
**\*Rice with Salsa, Corn, & Diced Chicken**

Bacon Cheeseburger  
Steamed Broccoli  
Assorted Fresh or Canned Fruit  
Choice of Milk

Chicken Turnover  
Mashed Potatoes & Gravy  
Steamed Corn  
Dinner Roll  
Assorted Fresh or Canned Fruit  
Choice of Milk

Cheese or Pepperoni French Bread Pizza  
Steamed Green Beans  
Assorted Fresh or Canned Fruit  
Choice of Milk

**NO SCHOOL!**  
**Memorial Day**

Chicken Nuggets  
Dinner Roll  
Steamed Broccoli  
Assorted Fresh or Canned Fruit  
Choice of Milk

Cheese Tortellini W/ Marinara  
Steamed Peas  
Garlic Breadstick  
Assorted Fresh or Canned Fruit  
Choice of Milk

Sausage, Egg, & Cheese on an English Muffin  
Hash Brown Patty  
Assorted Fresh or Canned Fruit  
Choice of Milk

Cheese or Pepperoni Big Daddy's Pizza  
Mixed Vegetables  
Assorted Fresh or Canned Fruit  
Choice of Milk