November 2025

Southern Lehigh High School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

November's name comes from the Latin word "novem," meaning nine, as it was the ninth month in the Roman calendar.

10

Bacon, Egg, & Cheese on a Croissant Sweet Potato Fries Assorted Fresh or Canned Fruit Choice of Milk

Alfredo Tortellini Steamed Peas Garlic Breadstick Assorted Fresh or Canned Fruit Choice of Milk Toasted Cheese Sandwich Tomato Soup Assorted Fresh or Canned Fruit Choice of Milk Dutch Waffle*
2 Sausage Links
Tater Tots
Assorted Fresh or
Canned Fruit
Choice of Milk
*WG Funnel Cake

Cheese or Pepperoni Personal Pizza Tossed Salad w/ Choice of Dressing Assorted Fresh or Canned Fruit Choice of Milk

Sweet BBQ Pulled Pork Sandwich Sweet Potato Fries Assorted Fresh or Canned Fruit Choice of Milk Taco Tuesday!!
Walking Tacos
Seasoned Beans
Spanish Rice
Assorted Fresh or
Canned Fruit
Choice of Milk

11

Chicken Nuggets Soft Pretzel Stick Steamed Broccoli Assorted Fresh or Canned Fruit Choice of Milk Chicken Turnover
Mashed Potatoes
& Gravy
Steamed Carrots
Dinner Roll
Assorted Fresh or
Canned Fruit
Choice of Milk

13

27

Max Stix w/ Marinara Tossed Salad w/ Choice of Dressing Assorted Fresh or Canned Fruit Choice of Milk

14

28

Spicy or Plain Chicken
Patty Sandwich
Vegetarian Baked
Beans
Assorted Fresh or
Canned Fruit

Pumpkin Ice Cream
Cup Day!!
Mac & Cheese
Steamed Peas
Garlic Breadstick
Assorted Fresh or Canned

Fruit Choice of Milk Mini Cinnis*
2 Sausage Links
Sweet Potato Fries
Assorted Fresh or
Canned Fruit

Choice of Milk

*Mini Cinnamon Rolls

Thanksgiving Feast!
Sliced Turkey
Mashed Potatoes & Gravy
Steamed Corn
Cranberry Sauce
Choice of Fruit
Dinner Roll
Choice of Milk

Cheese or Pepperoni
Big Daddy's Pizza
Tossed Salad w/
Choice of Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

NO SCHOOL!

Choice of Milk

In-service & Teacher Conferences NO SCHOOL! 25

In-service & Teacher Conferences NO SCHOOL!

Professional Learning Day NO SCHOOL!!

HAPPY THANKSGIVING! NO SCHOOL!!

THANKSGIVING BREAK!!

Alternates

Salad Bar (comes with dressing and dinner roll) Hoagie or Wrap Pizza Slice PB & J Uncrustable

Not all items are available every day

*All meals come with choice of fruit, vegetable, & milk

** Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.

Cafeteria News

Visit www.ezschoolpay.com
to view your child's lunch
account and make payments
online!

* Students MUST take a fruit or a vegetable to make a complete meal/qualifying reimbursable

> Meal Price \$3.45 Salad Meal Deal \$3.95

**Menu Subject to Change

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced
Application electronically,
please go to:

www.compass.state.pa.us