

# October 2025

## Southern Lehigh Intermediate School

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6  
Dutch Waffle\*  
2 Sausage Links  
Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk  
\*Funnel Cake

7  
Cheese or Pepperoni  
Stuffed Crust Pizza  
Steamed Green Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

1  
Toasted Cheese  
Sandwich  
Tomato Soup  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

2  
Spicy or Plain Chicken  
Patty Sandwich  
Vegetarian Baked  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

3  
Cheese or Pepperoni  
Big Daddy's Pizza  
Tossed Salad w/  
Choice of Dressing  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

13  
**NO SCHOOL!**  
**Professional  
Learning Day**

14  
Popcorn Chicken  
Soft Pretzel Stick  
Vegetarian Baked  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

15  
Hot Ham & Cheese  
on Croissant  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

16  
Mini Pancakes  
2 Sausage Links  
Potato Smiles  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

17  
Personal Cheese  
Pizza  
Steamed Green  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

20  
Mini Turkey Corn  
Dogs  
Vegetarian Baked  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

21  
Bacon, Egg, &  
Cheese Bagel  
Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

22  
Chicken Nuggets  
Dinner Roll  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

23  
Mac & Cheese  
Steamed Broccoli  
Garlic Breadstick  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

24  
Cheese or Pepperoni  
French Bread Pizza  
Tossed Salad w/  
Choice of Dressing  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

27  
Mini Cinnis\*  
2 Sausage Links  
Baked Tater Tots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk  
\*Mini Cinnamon Rolls

28  
Walking Tacos  
Seasoned Beans  
Spanish Rice  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

29  
Big Daddy's  
Cheese or  
Pepperoni Pizza  
Steamed Broccoli  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

30  
Pierogis & Meatballs  
w/ Marinara  
Steamed Peas  
Garlic Breadstick  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

31  
\*Zombie Ice Cream  
Cup served w/lunch  
Spicy or Plain Batty  
Patty Sandwich  
Potato Worms  
Assorted Fresh or  
Canned Bat Food  
Mummy Juice \*\*

### Alternates

**Pizza** (Available at 1<sup>st</sup> serving line)

**Pretzel & Yogurt** (Available at 1<sup>st</sup> serving line)

**School Hoagie** (Available at 2<sup>nd</sup> & 3<sup>rd</sup> serving lines)

**PB & J Uncrustable**  
(Available at 2<sup>nd</sup> & 3<sup>rd</sup> serving lines)

\*All meals come with choice of fruit, vegetable, & milk

\*\* Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.

### Cafeteria News

Visit [www.ezschoolday.com](http://www.ezschoolday.com) to view your child's lunch account and make payments online!

\* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**LUNCH PRICE \$3.10**

\*\* **Menu Subject to Change**  
++ This institution is an equal opportunity provider and employer.

**!!No cost breakfast available each morning at all schools!!**

To fill out a Free & Reduced Application electronically, please go to:

[www.compass.state.pa.us](http://www.compass.state.pa.us)

\*\* The Batty Patty Meal on 10/31 consists of:

Spicy or Plain Breaded Chicken Patty Sandwich  
Baked Sweet Potato French Fries  
Assorted Fresh or Canned Fruit  
Choice of Milk

**Vanilla Ice cream Cup w/ Chocolate Sauce**