

May 2025

Southern Lehigh Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

A la Carte

Did you know?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

Turkey & Cheese Sandwich
Lay's Potato Chips
Raw Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

NO SCHOOL!
Professional Learning Day

Grab 'n Go Salad (comes with dressing and dinner roll)

**Hoagie or Wrap
Pizza Slice
PB & J Uncrustable**

Not all items are available every day

**All meals come with choice of fruit, vegetable, & milk*

*** Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.*

Cafeteria News

Visit www.ezschoollpay.com to view your child's lunch account and make payments online!

* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**Meal Price \$3.35
Salad Meal Deal \$3.75**

****Menu Subject to Change**

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced Application electronically, please go to:

www.compass.state.pa.us

***Cinco de Mayo!**
Walking Taco
Seasoned Beans
Spanish Rice
Assorted Fresh or Canned Fruit
Choice of Milk

Spicy or Plain Chicken Patty Sandwich
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Mac & Cheese
Steamed Peas
Garlic Breadstick
Assorted Fresh or Canned Fruit
Choice of Milk

Bacon, Egg, & Cheese on a Croissant
Oven Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Cheese or Pepperoni Stuffed Crust Pizza
Raw Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Tenders
Dinner Roll
Steamed Peas
Assorted Fresh or Canned Fruit
Choice of Milk

French Toast Sticks
2 Sausage Links
Oven Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

Hot Ham & Cheese on Croissant
Steamed Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Alfredo with Pasta
Steamed Broccoli
Garlic Breadstick
Assorted Fresh or Canned Fruit
Choice of Milk

Cheese or Pepperoni Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

Dutch Waffle*
2 Sausage Links
Oven Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk
***Similar to a Funnel Cake**

***New Item!**
Fiesta Rice and Chicken*
Seasoned Black Beans
Assorted Fresh or Canned Fruit
Choice of Milk
***Rice with Salsa, Corn, & Diced Chicken**

Bacon Cheeseburger
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Chicken Turnover
Mashed Potatoes & Gravy
Steamed Corn
Dinner Roll
Assorted Fresh or Canned Fruit
Choice of Milk

Cheese or Pepperoni French Bread Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

NO SCHOOL!
Memorial Day

Chicken Nuggets
Dinner Roll
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

Cheese Tortellini W/ Marinara
Steamed Peas
Garlic Breadstick
Assorted Fresh or Canned Fruit
Choice of Milk

Sausage, Egg, & Cheese on an English Muffin
Hash Brown Patty
Assorted Fresh or Canned Fruit
Choice of Milk

Cheese or Pepperoni Big Daddy's Pizza
Mixed Vegetables
Assorted Fresh or Canned Fruit
Choice of Milk